

*CURRICULUM VITAE*

**Ami Laws, M.D.**  
**Concierge & Executive Medicine**  
**900 Welch Road, Suite 103**  
**Palo Alto, CA 94304**  
**Phone: 650 325-3200**  
**Fax: 650 325-3204**  
**amilaws@earthlink.net**

Academic Title: Adjunct Associate Professor of Medicine  
Stanford University School of Medicine  
Stanford, California 94305

Education: 1976 A.B. Music (Piano). Oberlin College, Oberlin, OH  
1983 M.D. Medicine. Stanford University School of Medicine,  
Stanford, CA

Academic Honors:

1974 First Prize Piano. Jewish Community Center Young Artist Competition.  
Wilmington, Delaware  
1980 Gilchrist Potter Award, Oberlin College, Oberlin, OH  
1983 Research Honors Award. Stanford University School of Medicine,  
Stanford, CA

Career:

1983-1984 Internship, Medicine  
Stanford University School of Medicine, Stanford, CA  
1984-1986 Residency, Medicine  
Stanford University School of Medicine, Stanford, CA  
1986 - 1988 Fellow, Preventive Cardiology, Center for Research in Disease  
Prevention, Stanford University School of Medicine, Stanford, CA  
1988 Fellow, Ten-Day International Seminar on the Epidemiology and  
Prevention of Cardiovascular Disease. Oslo, Norway  
1988-1992 Fellow, Division of Endocrinology, Gerontology and Metabolism,  
Department of Medicine, Stanford University School of Medicine,  
Stanford, CA  
1992-1993 Senior Research Scientist and Clinical Instructor, Division of  
Endocrinology, Gerontology and Metabolism, Department of Medicine  
Stanford University School of Medicine, Stanford, CA  
1992-1995 Consultant, Honolulu Heart Program, Honolulu, HI

- 1993 Fellow, Advanced Ten-Day International Seminar on the Epidemiology and Prevention of Cardiovascular Disease, Singapore
- 1993 Bennington Creative Writing Summer Workshop, Bennington College, Bennington, VT
- 1993-1994 Acting Assistant Professor (MCL), Stanford Medical Group, Division of General Internal Medicine, Department of Medicine, Stanford University School of Medicine, Stanford, CA
- 1993-1999 Consultant, Institute for Health and Aging, University of California, San Francisco, CA
- 1994 Visiting Scholar, Rehabilitation and Research Center for Torture Victims (RCT), Copenhagen, Denmark
- 1994-2000 Assistant Professor (MCL), Stanford Medical Group, Division of General Internal Medicine, Department of Medicine, Stanford, CA
- 1995-1997 Consultant, Survivors International, San Francisco, CA
- 1995-1999 Consultant, Kaiser Permanente Division of Research, Oakland, CA
- 1997- 2001 Medical Director, Survivors International , San Francisco, CA
- 2000-2005 Associate Professor (MCL), Stanford Medical Group, Division of General Internal Medicine, Department of Medicine, Stanford, CA
- 2005- Adjunct Associate Professor (MCL), Stanford Medical Group, Division of General Internal Medicine, Department of Medicine, Stanford, CA

Professional Qualifications:

- 1984 Licensure, Medical Board of California
- 1986 Diploma (Board Certification), American Board of Internal Medicine
- 1992 Diploma (Board Certification), Diabetes, Endocrinology and Metabolism, American Board of Internal Medicine
- 1994 Added Qualifications in Geriatric Medicine, American Board of Internal Medicine
- 2002 Diploma (Board Certification), Diabetes, Endocrinology and Metabolism, American Board of Internal Medicine

Professional Memberships:

Fellow of the American Heart Association  
 American Association of Clinical Endocrinologist  
 American Academy of Private Physicians  
 American Diabetes Association

Amnesty International  
 California Medical Association  
 Society for General Internal Medicine  
 Physicians for Social Responsibility

Editorial Review:

Diabetes  
 Diabetologia  
 European Heart Journal  
 Journal of the American Geriatrics Society  
 Journal of Women's Health  
 Metabolism  
 Psychosomatic Medicine

Grants:

1. The Effect of Aging on Insulin Resistance in Asian Indians. Hartford Center for Excellence in Geriatrics. PI. December 1991-June 1992.
2. Screening and Identification of PTSD in Aging Veterans Seeking Outpatient Medical Care. Ancillary Funding, Health Services Research and Development Service Research Funds, Palo Alto Veterans Administration Medical Center. Dolores Gallagher, Ph.D., PI. Co-investigator. Awarded July 1, 1993.
3. Insulin Resistance Atherosclerosis Study. National Institutes of Health, National Heart, Lung and Blood Institute. Consultant. #NIH 1-HL-03-P. Co-investigator. October 1, 1995 - September 30, 2000.
4. Activity Counseling Trial. Project No.: N01 HC45136. Abby King, Ph.D., PI. Medical director. September 30, 1995 - September 29, 1999.
5. Human Rights & Health. Grant from the HAAS Public Service Center, Stanford University, to develop Sophomore Seminar. June 2000.

Teaching:

- |       |   |
|-------|---|
| 2001- | "Physicians for Social Responsibility." Annually, Fall Quarter. Stanford University School of Medicine, Stanford CA |
| 200 - | "Physicians and Human Rights." Annually, Winter Quarter. Stanford University School of Medicine, Stanford CA        |
| 2001- | "Human Rights and Health." Sophomore Seminar. Annually, Spring Quarter. Stanford University, Stanford CA            |

Sponsored Student Research Projects:

1. Katy Richardson. "Sexual and physical abuse history among women patients with fibromyalgia: A pilot study." MedScholars Project. Stanford University School of Medicine, Stanford, CA. 1996 – 1997.

2. Yanin Senachai. "Police officers attitudes towards domestic violence victims." Undergraduate honors thesis. Stanford University, Stanford, CA. 2000
3. Gerald Wang. "Hepatitis B screening among trainees and community practitioners." MedScholars Project. Stanford University School of Medicine, Stanford, CA. 2000 – 2001.
4. Chaya Bhuvanewar. "South Asian Women's Health Project. " Co-advisor with Steve Fortmann, M.D. MedScholars Project. Stanford University School of Medicine, Stanford, CA. 1999 – 2001.
5. Emily Keifa. "Risks and benefits: Infant-feeding practices in a high HIV prevalent area of Johannesburg, South Africa." MedScholars Project. Stanford University School of Medicine, Stanford, CA. 2001.
6. Karen Kim. "Outside the exam room: A new generation of physician activists." Arts and Humanities MedScholars Project. Stanford University School of Medicine, Stanford, CA. 2001.
7. Amrapalo Maitra. Developing and Implementing a Workable Screening Tool for Domestic Violence in Dhaka, Bangladesh. MedScholars Project. Stanford University School of Medicine, Stanford, CA.

Bibliography:

*Manuscript:s*

1. Laws A, Stefanick ML, Reaven GM. Insulin resistance and hypertriglyceridemia in non-diabetic relatives of patients with noninsulin-dependent Diabetes Mellitus. JCEM. 1989;69:343-47.
2. Harris RB, Laws A, King AC, Haskell WL. Are women using postmenopausal estrogens? A Community Survey. AJPH. 1990; 80:1266-68.
3. Laws A, Terry RB, Barrett-Connor E. Behavioral covariates of waist-to-hip ratio in Rancho Bernardo. AJPH. 1990;80:1358-62.
4. Laws A, Reaven GM. The effect of physical activity on age-related glucose intolerance. Clin Geriatr Med. 1990; 6:849-63.
5. Reaven GM, Laws A. Coronary heart disease in the absence of hypercholesterolaemia. J Intern Med. 1990;228:415-17.
6. Laws A, Reaven GM. Physical activity, glucose tolerance and diabetes in older adults. Ann Behav Med. 1991;13:125-32.
7. Laws A, King A, Haskell W, Reaven GM. Relation of fasting plasma insulin concentration to high density lipoprotein cholesterol and triglyceride concentrations in men. Arterioscler Thromb Vasc Biol. 1991;11:1636-42.

8. Laws A, Reaven GM. Evidence for an independent relationship between insulin resistance and fasting plasma HDL-cholesterol, triglyceride and insulin concentrations. *J Intern Med.* 1992;231:25-30.
9. Laws A. Does a history of sexual abuse in childhood play a role in women's medical problems? A review. *J Women's Health.* 1993;2:165-72.
10. Laws A. Sexual abuse history and women's medical problems. *J Genl Intern Med.* 1993;8:441-3.
11. McKeigue PM, Laws A, Chen YD, Marmot MG, Reaven GM. Relation of plasma triglyceride and apoB levels to insulin-mediated suppression of nonesterified fatty acids: possible explanation for sex differences in lipoprotein pattern. *Arterioscler Thromb Vasc Biol.* 1993;13:1187-92.
12. Howard BV, Schneiderman N, Haffner S, Falkner B, Laws A. Insulin, health behaviors and lipid metabolism. *Metabolism.* 1993;42 (Suppl 1):25-35.
13. Laws A, Reaven GM. Insulin resistance and risk factors for coronary heart disease. *Bailliere's Clin Endo Metabolism.* 1993;7:1063-78.
14. Felitti V, Laws A, Walker EA. Women abused as children. *Patient Care.* 1993;27:169-80.
15. Laws A, Marcus EB, Grove JS, Curb JD. Lipids and lipoproteins as risk factors for coronary heart disease in men with abnormal glucose tolerance: The Honolulu Heart Program. *J Int Med.* 1993;234:471-78.
16. Laws A, King A, Haskell W, Reaven GM. Metabolic and behavioral covariates of high-density lipoprotein cholesterol and triglyceride concentrations in post-menopausal women. *J Am Geriatr Soc.* 1993;41:1289-94.
17. Gradman TJ, Laws A, Thompson LW, Reaven GM. Verbal learning and/or memory improves with glycemic control in older patients with non-insulin-dependent diabetes mellitus. *J Amer Geriatr Soc.* 1993;41:1305-12.
18. Laws A, Jeppesen JL, Maheux PC, Schaaf P, Chen Y-DI, Reaven GM. Resistance to insulin-stimulated glucose uptake and dyslipidaemia in Asian Indians. *Arterioscler Thromb Vasc Biol.* 1994;14:917-22.
19. Saad MF, Anderson RL, Laws A, Watanabe RM, Kades WW, Chen Y-DI, Sands RE, Pei D, Savage PJ, and Bergman RN for The Insulin Resistance Atherosclerosis Study. A comparison between the minimal model and the glucose clamp in the assessment of insulin sensitivity across the spectrum of glucose tolerance. *Diabetes.* 1994;43:1114-21.
20. Reaven GM, Laws A. Insulin resistance, compensatory hyperinsulinemia and coronary heart disease. *Diabetologia.* 1994;37:948-52.
21. Wild SH, Laws A. Reporting of diabetes mellitus on death certificates with coronary heart disease as cause of death in California, 1985-1990. *Diabetes Care.* 1995;18:135-37.

22. Burchfiel CM, Laws A, Benfante R, Goldberg RJ, Hwang L-J, Chiu D, Rodriguez BL, Curb JD, Sharp DS. Joint effects of HDL cholesterol, triglyceride and total cholesterol on 18 - year risk of atherosclerotic disease. *Circulation*. 1995;92:1430-1436.
23. Anderson RL, Hamman RF, Savage PJ, Saad MF, Laws A, Kades WW, Sands RE, Cefalu W, for the Insulin Resistance Atherosclerosis Study. Exploration of simple insulin sensitivity measures derived from frequently sampled intravenous glucose tolerance (FSIGT) tests: The Insulin Resistance Atherosclerosis Study (IRAS). *Amer J Epidemiol*. 1995;142:724-32.
24. Wild SH, Laws A, Fortmann SP, Varady AN, Byrne CD. Mortality from coronary heart disease and stroke for six ethnic groups in California, 1985-1990. *Ann Epidemiol*. 1995;5:432-439.
25. Laws A. Free fatty acids, insulin resistance and lipoprotein metabolism. *Current Opinion in Lipidology*. 1996;7:172-177.
26. Laws A, Golding JM. Sexual assault history and eating disorder symptoms among White, Hispanic, and African-American women and men. *AJPH*. 1996;86:579-82.
27. Hankin CS, Abueg FR, Gallagher-Thompson D, Laws A. Dimensions of PTSD among older adult male veterans seeking outpatient medical care. *J Clin Geropsychology*. 1996;2:239-246.
28. Laws A, Hoen HM, Selby JV, Haffner SM, Howard BV for the Insulin Resistance Atherosclerosis Study (IRAS) Investigators. Differences in insulin suppression of free fatty acid levels by gender and glucose tolerance status: Relation to plasma triglyceride and apolipoprotein B concentrations. *Arterioscler Thromb Vasc Biol*. 1997;17:64-71.
29. Laws A, Patsalides B. Medical and Psychological Examination of Women Seeking Asylum: Documentation of Human Rights Abuses. *JAMWA* 1997;52:185-187.
30. Howard BV, Mayer-Davis EJ, Goff D, Zaccaro DJ, Haffner SM, Laws A, Robbins DC, Saad M, Selby JV, Hamman RF. Relationships between insulin resistance and lipoproteins in nondiabetic Hispanic, non-Hispanic White and African American Subjects: The Insulin Resistance Atherosclerosis Study. *Metabolism*. 1998;47:1174-9.
31. Howard, G, Bergman R, Wagenknecht LE, Haffner S, Saad MF, Laws A D'Agostino RB for the Insulin Resistance Atherosclerosis (IRAS) Investigators. Ability of alternative indices of insulin sensitivity to predict cardiovascular risk: Comparison with the "Minimal Model." *Ann Epidemiol*. 1998;8:358-69.
32. Dubuisson JT, Wagenknecht LE, D'Agostino RB, Haffner SM, Rewers M, Saad MF, Laws A, Herrington DM. Association of hormone replacement therapy and carotid wall thickness in women with and without diabetes mellitus. *Diabetes Care*. 1998;21:1790-6.
33. LeBlanc E, Laws A. Benefits and risks of third-generation oral contraceptives. *J Gen Intern Med*. 1999;14:625-32.

34. Laws A. A new era for type 2 diabetes treatment? *Am J Med* 2001;111:71-2.
35. Laws A, Iacopino V. Police torture in Punjab: An extended survey. *Health & Human Rights* 2002;6:195-210.

*Books:*

1. Reaven GM, Laws A, eds. *Insulin Resistance: The Metabolic Syndrome X*. New York, NY; Humana Press: 1999.

*Book Chapters:*

1. Laws A, Reaven GM. Insulin resistance, hyperinsulinemia, dyslipidemia and *Cardiovascular Medicine*. 4th Edition: New York: W.B. Saunders;1992:1-10.
2. Laws A. Sexual abuse and women's medical problems. In, Brownell KD & Blechman EA, eds. *Behavioral Medicine for Women: A Comprehensive Handbook*. New York: Guilford Publications; 1997:470-74.
3. Laws A. Diabetes and insulin resistance as risk factors for coronary artery disease. In, Charney P, ed. *Coronary Artery Disease in Women: Prevention, Diagnosis & Management*. Philadelphia, PA; American College of Physicians: 1999.
4. Laws A. Insulin resistance and dyslipidemia: Implications coronary heart disease risk. In, Reaven GM, Laws A. *Insulin Resistance*. New York, NY; Humana Press: 1999.

*Abstracts:*

1. Jacobson S, Laws A, Rosenthal M. Quality of well-being after intensive care unit hospitalization. Presented at the Anesthesiology Annual Meetings. Las Vegas, NV; November, 1982.
2. Laws A, Fortmann S, Barrett D, Harris R. Characteristics of heavy smokers in the Stanford Five-City Project. Presented to the American Heart Association Council on Epidemiology Annual Meeting. Santa Fe, NM; March, 1988.
3. Laws A, Harris RB, King AC, Haskell WL. Are women using postmenopausal hormones? A community survey. Presented to the American College of Physicians Northern California Scientific Meeting. Monterey, CA; November, 1988.
4. Laws A, Stefanick ML, Reaven GM. Insulin resistance and hypertriglyceridemia in first-degree relatives of patients with non-insulin dependent diabetes. Presented to the American Diabetes Association Annual Meetings. Detroit, MI; June, 1989.
5. Laws A, Terry RB, Barrett-Connor E. Environmental covariates of waist-to-hip ratio in Rancho Bernardo. Presented to the 2nd International Conference on Preventive Cardiology and the American Heart Association Council on Epidemiology Annual Meeting. Washington, D.C.; June, 1989.

6. Laws A, Reaven GM. Evidence for an independent relationship between insulin resistance and fasting plasma triglyceride and HDL- cholesterol concentrations. Presented to the American Heart Association Annual Meetings. Dallas, TX; November, 1990.
7. Laws A, King A, Haskell W, Reaven GM. The relationship of fasting plasma insulin concentration to HDL-C, HDL-C subfractions and triglyceride concentrations in men. Presented to the American Heart Association Council on Epidemiology Annual Meeting. Orlando, FL; March, 1991.
8. Laws A, Thompson L, Gradman T, Reaven GM. Effects of glycemic control on cognitive function in older patients with non-insulin dependent diabetes (NIDDM). Presented to the American Diabetes Association Annual Meetings. San Antonio, TX; June, 1992.
9. Laws A, McKeigue P, Chen Y-DI, Marmot M, Reaven GM. Sex Differences in Nonesterified Fatty Acid Suppression are Related to Plasma Triglyceride and Apolipoprotein B Levels. Presented to the American Heart Association Council on Epidemiology Annual Meeting. Santa Fe, NM; March, 1993.
10. Burchfiel CM, Laws A, Benfante R, Goldberg RJ, Hwang L-J, Chiu D, Rodriguez BL, Curb JD, Sharp DS. Joint effects of high density lipoprotein (HDL) cholesterol, triglyceride and total cholesterol on risk of atherosclerotic disease: The Honolulu Heart Program. Presented to the American Heart Association Annual Meetings. Atlanta, GA; November, 1993.
11. Golding JM, Laws A, George LK. Sexual assault history and eating disorder symptoms among non-Hispanic white, Hispanic, and African American women and men. Presented at the Association for Women in Psychology Annual Meeting. Oakland, CA; March 1994.
12. Laws A. Exercise capacity and the metabolic syndrome in women. Presented to the American Psychological Association conference: Psychosocial and Behavioral Factors in Women's Health: Creating an Agenda for the 21st Century. Washington DC; May, 1994.
13. Anderson RL, Burke GL, Rewers M, Kades WW, Watanabe R, Laws A, Savage PJ. Assessment of insulin sensitivity in populations via intravenous glucose tolerance test: Insulin resistance Atherosclerosis Study (IRAS). Presented at the American Diabetes Association Annual Meetings. New Orleans, LA; June, 1994.
14. Hankin C, Abueg FR, Gallagher-Thompson D, Laws A. Lifetime traumata: Effects upon elderly veterans seeking medical care. In Abueg FR (chair). In, "Adaptation to Trauma among the Elderly." Symposium presented at the American Psychological Association Annual Meetings. Los Angeles, CA; August 1994.
15. Laws A, Bergman RN, Sands E, for the IRAS Study Group. Relative impairment in acute insulin response in IGT. Presented at the European Association for the Study of Diabetes annual meetings, Dusseldorf, Germany; October, 1994.
16. Saad M, Anderson R, Laws A, Watanabe R, Kades W, Pei D, Savage P. Presented at the European Association for the Study of Diabetes Annual Meetings. Dusseldorf, Germany; October, 1994.



17. Hankin CS, Abueg FR, Gallagher-Thompson D, Wecker N, Laws A. Screening and identification of PTSD in elderly medical help-seeking veterans. Presented at the International Society for Traumatic Stress Annual Meeting. Chicago, IL; November, 1994.
18. Laws A, Whalen M, Kline K, Firestein B, Saks Berman J, Norsworthy K. Healing from trauma. Paper as part of workshop, "U.S. Feminist Perspectives on the Psychology of Trauma." Presented at the United Nations NGO Forum on Women. Beijing, China; August 1995.
19. Laws A, Hoen HM, Selby JV for the IRAS investigators. Impaired insulin suppression of free fatty acids affects triglyceride and apolipoprotein B levels: The Insulin Resistance Atherosclerosis Study (IRAS). Presented at the American Heart Association Annual Meetings. Anaheim, CA; November, 1995.
20. Richardson K, Davidson P, Laws A. Sexual and physical abuse history among women patients with fibromyalgia: A pilot study. Presented at the American Psychosomatic Society Annual Meeting. Santa Fe, NM; March, 1997.

*Letters:*

1. Laws A. Actual versus self-reported intake and exercise in obesity. *NEJM*. 1993;328:1494.
2. Laws A. Carcinogenicity of lipid-lowering drugs. *JAMA*. 1996;275:1480.
3. Laws A. Is it possible to decide when, or even if, torture is warranted? *Wall St. Journal*. Oct. 29, 2007.
4. Laws A. Patient requests for nonbeneficial care. *JAMA*. 2012;307(17):1797-1798.